# Selenium in Plants

ADVS 5860/RLR 5860 March 30, 2004 Dr. Jeff Hall

### General Selenium Information

- Selenium is an essential nutrient for animals
- Deficiencies cause:
  - Immune system dysfunction
  - White Muscle Disease
  - Reproductive dysfunction
- Narrow window between deficiency and toxicity

### Selenium Accumulation

- Plants accumulate SOLUBLE selenium from the soil
  - Insoluble elemental selenium and selenides are <u>NOT</u> bioavailable to plants
- Selenium Indicator Plants

■ Facultative Selenium Accumulators

Passive Selenium Accumulators

## Selenium Indicator Plants

- Referred to as OBLIGATE species
  - These species appear to require high selenium
  - Concentrations range form 1,000 to >10,000 ppm
  - Specific indicators
    - Astragalus sp. (>20 different ones)
    - *Xylorrhiza* sp. (woody Asters)
    - Oonopsis sp. (goldenweed)
    - Stanleya sp. (prince's plume)

### Xylorrhiza glabriuscula



### Stanleya pinnata



### Facultative Selenium Accumulators

- Accumulate selenium when grown on high selenium soil
  - Do not require selenium for growth
  - Can grow just as well on low selenium soils
  - Specific plants
    - Aster sp.
    - Atriplex sp. (saltbush)
    - *Sideranthus* sp.
    - Machaeranthera sp. (tansy asters)
    - Grindelia sp. (gumweed)

### Grindelia squarrosa



### Passive Selenium Accumulators

- Most other plant species
- High soluble soil selenium can be toxic to some plants
- Plants that have caused toxicosis
  - Numerous grasses
  - Cereal Grains
  - Numerous weeds
  - Etc.

# Selenium content of plants

- Selenium Indicator Plants
  - Up to in excess of ten thousand ppm

- Facultative Selenium Accumulators
  - < 0.1 ppm to few thousand ppm

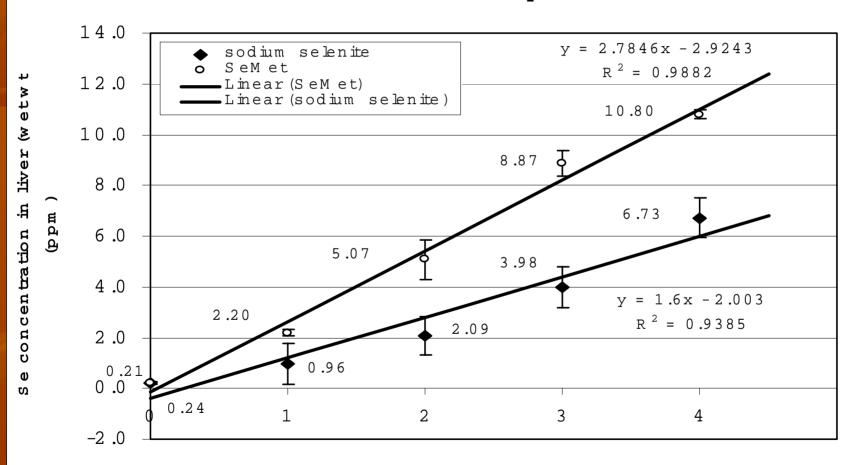
- Passive Selenium Accumulators
  - <0.1 ppm to a few hundred ppm

### Form of Selenium in Plants

- Primarily Organic (> 80 to 98%)
  - Selenomethionine
  - Selenocysteine
  - Derivatives of the two above
  - Absorbed via amino acid uptake channels
- Potentially Some Inorganic (<<< 20%)
  - Selenates
  - Selenites
  - Absorbed via mineral uptake proteins

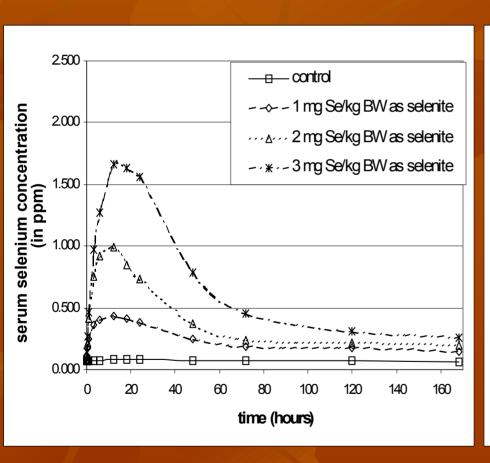
# Inorganic vs. Organic

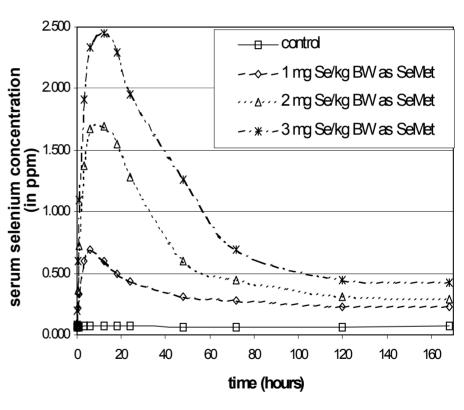
#### Selenium in sheep liver



amountofselenium given orally (in mg Se/kg BW)

# Inorganic vs. Organic





# Selenium Toxicity

- Acute
  - > 0.5 to 1 mg/kg BW by injection
  - 1 to >10 mg/kg BW by ingestion
- Chronic
  - > 5 ppm in the total diet

# **Acute Selenium Poisoning**

- Usually Obligate or Facultative Accumulators
- Clinical signs develop in a few hours to 1 day
  - Garlic like smell to the breath
  - Anorexia
  - Depression
  - Dysnea
  - Recumbence
  - Coma
  - Death
- Death usually occurs within a few hours of signs

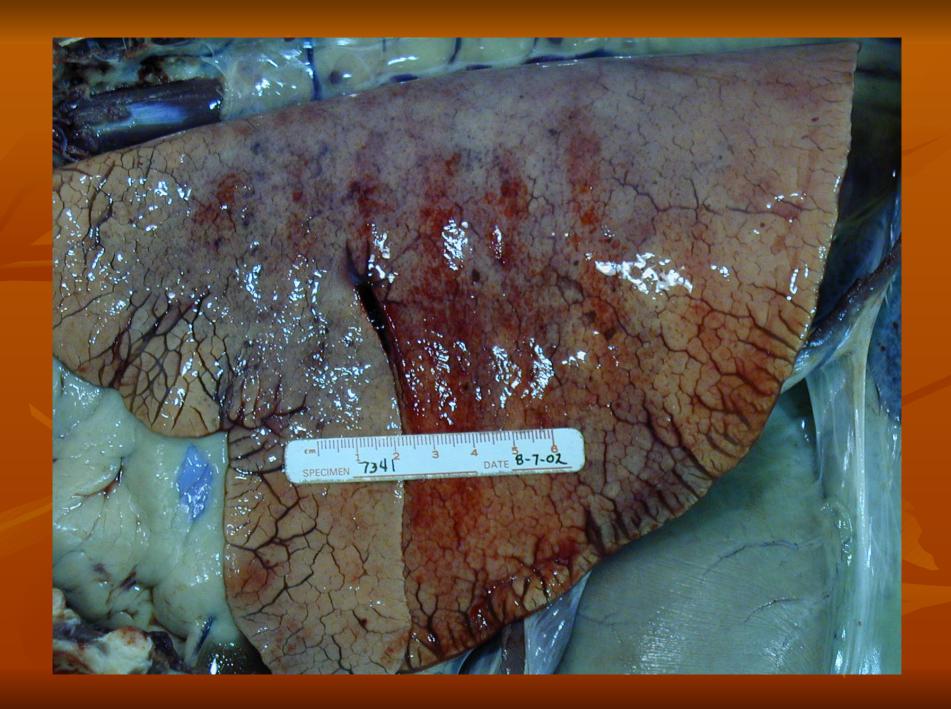


## **Chronic Selenium Poisoning**

- Occurs after weeks of high selenium forage intake (> 5 to < 150 ppm)</li>
- Once called "alkali disease" due to its association with alkaline soils
- Clinical Signs
  - Dullness
  - Hair loss
  - Lameness
  - Hoof and Joint Abnormalities
  - Anemia
  - Death due to starvation
- ??"Blind Staggers" wandering, paralysis, dysnea, death ??

# Pathology

- Myocardial Necrosis
- Pulmonary Hemorrhage and Edema
- Passive Congestion
- +/- enteritis
- +/- systemic hemorrhage
- Hoof/joint lesions (chronic)
- Emaciation (chronic





### **Selenium Interactions**

- High selenium can cause deficiencies in other essential nutrients
  - Copper
  - Iron
  - Zinc
  - Etc.

# Sample Testing

- Liver
- Kidney
- Rumen or Stomach Content
- Forages
- Water

### Other Plant Mineral

- Sulfur
  - Can cause Polioencephalomalasia
  - Can cause copper deficiency
  - Can cause selenium deficiency

- Molybdenum
  - Causes copper deficiency

# Questions

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